



HEALTH MINISTRY IN ACTION

“Brother Camilo, how are you?” Our enthusiastic greeting sounded from inside our car as we saw Camilo approaching from his. “It’s been about six months since we last came to the Christian High School campus. What a lovely surprise to see you.” Camilo was as happy as we were to see each other. He had been a great help in January 2024 when we took the 25 Miskito brothers and sisters for missionary training at that particular Christian School. He and his wife, Betzy (the school’s director), work tirelessly for this institution, and their bodies suffer the effects. Camilo told us how grateful he was for the chiropractic therapies Caleb had given to him and that he would like to have more sessions if possible. We were very short on time on that occasion, but we promised Camilo we would return. If he wanted, he could invite people with physical ailments. Typically, when we visit the church of that institution, there are lines of individuals (mostly school employees) who are under a lot of stress.

After saying goodbye to Camilo, just a short distance down the road, we saw Betsy with a big smile. She quickly approached our vehicle and greeted us warmly. Between greetings and exchanging words about the latest news, the Holy Spirit gave us a splendid idea, and we shared it with her. “What if we teach people how to perform simple pain management therapies for themselves and others? What if we add an anti-inflammatory lifestyle and nutrition education to that?” The plan came out of our mouths without even having processed it ourselves! “Excellent,” Betsy said, continuing, “This year, we want to educate parents on improving their family’s health. The plan sounds great!”

Two weeks after speaking with Betsy, we met at the Christian High School classroom with parents and community members eager to learn. Caleb taught what inflammation is and how it expresses itself in the body, and in just one hour, he trained participants to recognize where inflammation exists

and how to provide therapy to themselves and others. Glenda then taught them how to identify underlying sources of inflammation and manage them so they have little or no negative impact on health. The connection between physical and spiritual health was highlighted in both sections of the class. Healing from both occurs only from the same source: God.

The class was a true success. Participants asked that we please return regularly for more training; *they* already suggested topics for the next session. Praise God!

“The LORD forgives our sins, heals us when we are sick”
– Psalm 103:3 CEV.



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Caleb, Glenda
and their children